

This Week at The Green Vale School



	MONDAY May 17	TUESDAY May 18	WEDNESDAY May 19	THURSDAY May 20
Entrées	Penne Pasta Homemade Sauce on the Side	Taco Tuesday	White Bean Chicken Chili	Chicken Tenders
Sides	Roasted Broccoli	Salsa, Cheese, Sour Cream	Brown Rice	Roasted Carrots
Dessert				Rice Pudding

Available Daily at The Green Vale School



Sandwich Bar

White and Whole Wheat
*Gluten Free, Rye and
Pumpkin Breads available
upon request

Boar's Head Low Sodium/All
Natural Turkey Breast, Ham, Roast
Beef,* Bologna, Salami, Grilled
Chicken, Tuna Salad, Chicken
Salad and Egg Salad

American, Swiss, Provolone and
Mozzarella Cheeses



Salad Bar

Romaine, Spinach, Boston,
Escarole, Kale, Arugula

Lettuce, Tomato, Carrots, Beans,
Celery, Roasted Vegetables,
Cucumbers, Hard-boiled Egg,*
Avocado, Hummus, Quinoa,
Barley, Farro, Kasha

Balsamic Vinaigrette, Ranch,
Russian, Italian, Blue Cheese,
Caesar, Extra Virgin Olive Oil &
Vinegar, Seasonal Dressings



Composed Salad

Chef's Selection of Protein, Grain
and Vegetable Salads made with
Fresh Seasonal and Local
Ingredients, when available



Fresh Fruit

A Medley of Fresh Seasonal Fruit
including Apples, Bananas,
Oranges, Pears, Melons and more,
based on the time of year and
season



Beverages

House-made Fruit Infused Waters,
Ronnybrook Dairy Organic 2% and
Skim Milk, Lactaid and Soy Milk



Dessert

An Assortment of Fresh Fruit Salad,
Frozen Fruit Bars, Freshly Baked
Cookies, Organic Yogurt

DESSERT SUBJECT TO CHANGE