

## This Week at The Green Vale School



	MONDAY September 20	TUESDAY September 21	WEDNESDAY September 22	THURSDAY September 23
<b>Entrées</b>	Beef Slider Hot Dog Veggie Burger	Macaroni & Cheese	Grilled Chicken Caesar Salad	Pizza Day!
<b>Sides</b>	Steamed Corn	Green Peas	Fresh Baked Bread Stick	Pepperoni, Sausage & Roasted Vegetable Toppings
<b>Dessert</b>				Brownie

## Available Daily at The Green Vale School



### Sandwich Bar

White and Whole Wheat  
\*Gluten Free, Rye and  
Pumpernickle Breads available  
upon request

Boar's Head Low Sodium/All  
Natural Turkey Breast, Ham, Roast  
Beef,\* Bologna, Salami, Grilled  
Chicken, Tuna Salad, Chicken  
Salad and Egg Salad

American, Swiss, Provolone and  
Mozzarella Cheeses



### Salad Bar

Romaine, Spinach, Boston,  
Escarole, Kale, Arugula

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Lettuce, Tomato, Carrots, Beans,  
Celery, Roasted Vegetables,  
Cucumbers, Hard-boiled Egg,\*  
Avocado, Hummus, Quinoa,  
Barley, Farro, Kasha

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Balsamic Vinaigrette, Ranch,  
Russian, Italian, Blue Cheese,  
Caesar, Extra Virgin Olive Oil &  
Vinegar, Seasonal Dressings



### Composed Salad

Chef's Selection of Protein, Grain  
and Vegetable Salads made with  
Fresh Seasonal and Local  
Ingredients, when available



### Fresh Fruit

A Medley of Fresh Seasonal Fruit  
including Apples, Bananas,  
Oranges, Pears, Melons and more,  
based on the time of year and  
season



### Beverages

House-made Fruit Infused Waters,  
Ronnybrook Dairy Organic 2% and  
Skim Milk, Lactaid and Soy Milk



### Dessert

An Assortment of Fresh Fruit Salad,  
Frozen Fruit Bars, Freshly Baked  
Cookies, Organic Yogurt

**DESSERT SUBJECT TO CHANGE**