

## This Week at The Green Vale School



|                | MONDAY January 11                   | TUESDAY January 12                    | WEDNESDAY January 13 | THURSDAY January 14                       |
|----------------|-------------------------------------|---------------------------------------|----------------------|---|
| <b>Entrées</b> | Breakfast for Lunch<br>French Toast | Taco Tuesday                          | All Beef Hot Dog     | Pizza                                     |
| <b>Sides</b>   | Pork Sausage                        | Lettuce, Salsa, Cheese,<br>Sour Cream | Corn                 | Pepperoni, Sausage,<br>Roasted Vegetables |
| <b>Dessert</b> |                                     |                                       |                      | Chocolate Chip Cookie                     |

## Available Daily at The Green Vale School



### Sandwich Bar

White and Whole Wheat  
\*Gluten Free, Rye and  
Pumpernickle Breads available  
upon request

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Boar's Head Low Sodium/All  
Natural Turkey Breast, Ham, Roast  
Beef,\* Bologna, Salami, Grilled  
Chicken, Tuna Salad, Chicken  
Salad and Egg Salad

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American, Swiss, Provolone and  
Mozzarella Cheeses



### Salad Bar

Romaine, Spinach, Boston,  
Escarole, Kale, Arugula

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Lettuce, Tomato, Carrots, Beans,  
Celery, Roasted Vegetables,  
Cucumbers, Hard-boiled Egg,\*  
Avocado, Hummus, Quinoa,  
Barley, Farro, Kasha

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Balsamic Vinaigrette, Ranch,  
Russian, Italian, Blue Cheese,  
Caesar, Extra Virgin Olive Oil &  
Vinegar, Seasonal Dressings



### Composed Salad

Chef's Selection of Protein, Grain  
and Vegetable Salads made with  
Fresh Seasonal and Local  
Ingredients, when available



### Fresh Fruit

A Medley of Fresh Seasonal Fruit  
including Apples, Bananas,  
Oranges, Pears, Melons and more,  
based on the time of year and  
season



### Beverages

House-made Fruit Infused Waters,  
Ronnybrook Dairy Organic 2% and  
Skim Milk, Lactaid and Soy Milk



### Dessert

An Assortment of Fresh Fruit Salad,  
Frozen Fruit Bars, Freshly Baked  
Cookies, Organic Yogurt

**DESSERT SUBJECT TO CHANGE**